

**Deadline for May 18  
 Chronicle is May 12**



**Mayor's message for May 2020**

Welcome to Phase 1 of reopening life in Saskatchewan. Although there will still be restrictions, it is nice to see that we are on the road to recovery. As you all know, we still need to be diligent in our efforts to keep our COVID19 numbers down. We see how quickly they can get out of control as they are in the far north of the province. Our area has done an extremely exceptional job at doing our part to keep COVID19 numbers down, and that is something to be very proud of. Our Healthcare facilities will be making adjustments to ensure we are fully prepared incase numbers in our area do start going back up. If we all keep up the great efforts that we have already put forth, we will do just fine.

The weather has finally shaped up and we can finally tackle our yards to get them cleaned up and plant our gardens, and work on some projects to beautify our properties. I have put my mediocre carpentry skills to use and built a couple raised garden boxes. To my surprise, they actually turned out very nice. I like the fact that there will be no more crouching to do the work. You can stand the entire time with minimal reaching while working up the dirt, planting, weeding, or even just lean on the edge and admire the beauty of homegrown vegetables.

The staff is hard at work picking up yard refuse, and will

soon have the street sweeper out to freshen up the streets, the grader to smoothen out the back alleys, and the grass cutting will soon commence as well. When the Premier rolled out his plan to open up the economy and lift restrictions in phases, one thing that stood out for me was the fact that our swimming pool will not be able to open this season. Even if everything goes well, by the time we would get the go ahead to open, we would still have a significant amount of work to put into getting everything ready, which takes 2 to 3 weeks. At this time, we cannot commit to hiring any staff because we just do not know if any pools will be able to open at all this season.

I want to give a special shout out to Kayden Johnson. His family moved to Kerrobert about 6 years ago. He has attended York University in Toronto for the past several years excelling in Football and Track and Field. Kayden earned male athlete of the year honors in 2018. Although Kayden has seen much success already, the young running back was just drafted into the CFL by the BC Lions. He was selected in the 7th round of the draft with the 58th overall pick. I have seen him on many occasions training with his father Winchester at our school track and football field. It is not surprising to me that he is achieving success with the work that he has been putting in. Congratulations Kayden !

Stay safe and get outside to enjoy the great weather.

Mayor Wayne Mock



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## Kerrobert Golf Course News...

Facebook May 2

The course will be open on May 15th!

We have an official website that you can go on and check out. It will have all the information that you will need to follow for this season of Golf. This is where you can book tee times or carts and pay for your green fees or buy your memberships. We will be updating regular with any changes that may come about.

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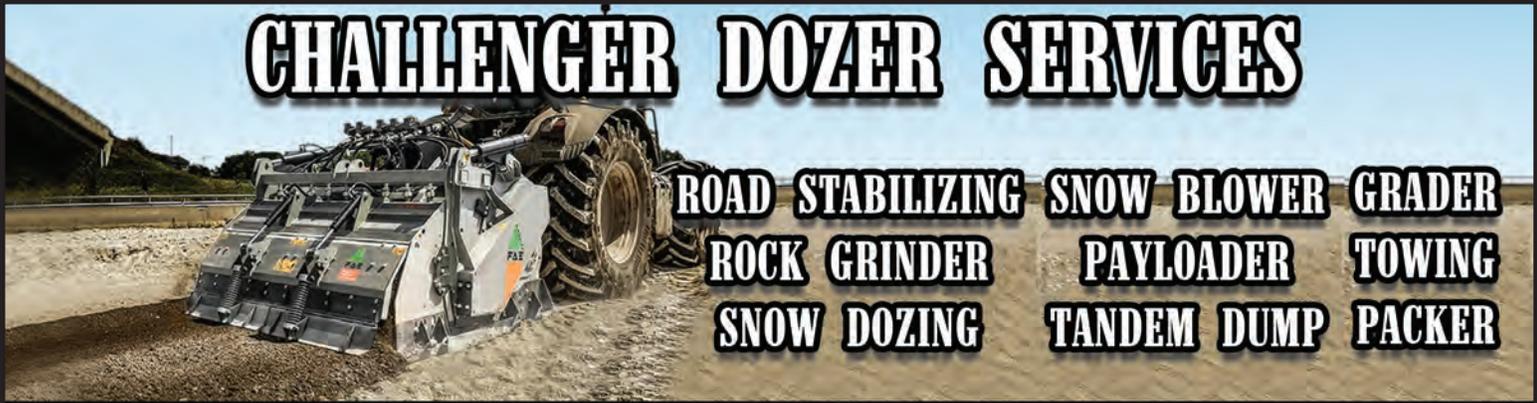


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Facebook May 1

**Congratulations to Kayden Johnson** who will be playing for the BC Lions!

Kayden was an important part of our KCS Track and Field success when he volunteered his time to our team. He was very well liked by all the teens and the knowledge he shared was so valuable to the team and to individuals, helping many beat their personal bests. Kayden and his dad Winchester, were the reason our Track team had over 50 kids in attendance.

Congratulations to you Kayden! We will look forward to some great games between the Riders and the Lions!

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Simon's motor mower had broken down. His wife, Maria, kept dropping hints about getting it fixed before the grass grew too tall, but the message wasn't getting through, and Simon kept procrastinating and putting off doing the repairs.

Frustrated, Maria decided on what she thought was a clever way to make her point. When Simon arrived home from work, he found Maria sitting in the grass, clipping it by hand with a tiny pair of scissors.

Simon, totally amazed, watched silently for a few minutes, then went into the house only to appear again a few minutes later where he handed her a toothbrush.

When you finish cutting the grass, you might as well sweep the sidewalks,' said Simon unaraciously.




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May 6, 2020

You will have seen our staff out and about working on their regular spring duties. Pepper in some water line breaks and our staff is staying very busy! We encourage Town residents to check our website and Facebook pages daily as important notices such as water advisories and street sweeping dates are posted here. As of today, our staff are half done their water line flushing and the curbside pickup has been completed once through town. Curbside and back alley pickup of leaves and small branches will continue until May 15th but you are urged to have them done as soon as you are able. Please remember that clear bags must be used. Our street sweeper has been repaired and this work has started, please watch on Facebook for dates that sweeping is likely to occur so that, if possible, your vehicle can be removed from the street that is being worked on. A reminder that Garage is back to weekly pick ups as of May 4th. And lastly, the water fill station is temporarily out of order.

At the April 22 Council meeting they made a motion to extend the water shut off delay as well as charging interest on utilities by one month. This is extended to May 27, 2020. The next Council meeting will be held Weds. May 13, 2020. The tax notices will be out to residents by the 3rd week in May.

Although our Recreation facilities are closed, we are working away at projects that must be completed. Library staff is currently working on doing a complete inventory during this quiet time. The Rec office is busy with various projects including updating maintenance files on each facility, cleaning out the Recreation storage room, updating policies and procedures, staying up to date on government announcements including "Building a Strong Saskatchewan", applying for grants and completing final reporting on grants. The grants received to date Sask Lottery funding - \$11,634; Parks for All grant - \$5000; Community Initiative Fund grant - \$5000; Macro Properties grant - \$2300. We are still awaiting word on the Canada Summer Student Grant. Watch for more information on where these grant dollars will be spent.

The Golf Course opens May 15th with restrictions directed by our government. Be sure to check out their Facebook page and new webpage to stay up to date on their information. This will be a great way to get out and stay active!

Based on currently available information from the Federal Government, the Canada Emergency Student Benefit will apply to students who meet specific criteria and this information is available at [www.canada.ca](http://www.canada.ca). More details will be provided by the Federal Government as the financial relief plan unfolds. They are also launching the Canada Student Service Grant (CSSG), which will help students gain valuable work experience and skills while they help their communities during the COVID 19 pandemic. More details will be made available on the "I Want to Help" Federal platform soon. I will stay in touch with the community on both of these initiatives as information becomes available.

Last week, signs were put up at all of our outdoor facilities including ball diamonds, parks, and basketball courts. These signs remind the public of the provincial regulations that we must follow while we work

to stay safe from the COVID 19 virus.

We have not yet received the report on the structural assessment which was done at our pool. We look forward to sharing that information soon. We know that pool openings are not scheduled until Phase 4 of the Re-Open Sask plan so this is a great time for us to be considering necessary repairs and future plans.

The Wildlife Federation stocked their Fish Pond with Rainbow Trout last week and they had some families out to enjoy the show. Be sure to watch the video on the Town of Kerrobert Culture and Recreation page which was done by Levi Cholin. It's a great time to buy your fishing license and get out there to fish while practising social distancing. People visiting the Reservoir are reminded that geese are nesting at this time.

Kerrobert Meals on Wheels is currently looking for volunteers to help deliver meals. If you are interested, please call Allison Klein at 306-460-5176, she is the Volunteer Services Coordinator with Sask Health Authority. Volunteers must be between the ages of 16 - 65 and she will work with you to help make this happen.

Since the onset of the virus, people have been trying to come to terms with the daily news, the constant changes and the restrictions which became more restrictive each day. In the Rec office, the day it became real was March 12 when the announcement was made that Minor Hockey season had come to an end. Since then we know that many people have had their lives turned upside down. This community has done the most amazing job of keeping this virus away and although that work is not yet done, we also must stay mentally healthy. May is Mental Health Month and we are reminded more than ever to take care of ourselves, recognize the signs that we or others may exhibit when struggling with mental health issues and then to REACH OUT. For some this may mean meeting up with a friend or family member while social distancing, and for other this may mean calling a professional. We are fortunate in this community to have so many people to help us but if you need confidential or immediate help please call :

Sask Health Line - 811  
West Central Crisis Center - 1-306-463-6555  
West Central Crisis after hours - 1-306-463-1860 (24 hour line)  
Heartland Health Region - 1-866-268-9139  
Kids Help Phone - 1-800-668-6868  
Kerrobert Food Bank - 834-5389

Stay safe everyone. Take care of yourself and take care of your neighbor. Reach out if you need help and if you are able, reach out to those in need.

Bobbi Hebron  
Recreation Director



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### Kerrobert Library

Until further notice, the library will be closed. Please do not return any library material. There will be no late fees charged. If you have books on hold at the library, we will be contacting you to schedule a pick-up time. If you have any questions, you can email us at kerrobert.library@wheatland.sk.ca or you can leave a message on our Facebook page. Our email account will be checked on a regular basis & we will try to get back to you as quickly as we can.

### Kerrobert United Church

A notice to our congregation members and faith followers:  
As per UCC guidelines and following advice from Sask. Gov. & Health Depts, we are announcing that the Kerrobert United Church will be suspending in-person worship and other gatherings in the church during the pandemic. Council will be discussing ideas on how to best share the message so watch for upcoming information and pray for each other. Blessings to all.

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In light of the worsening pandemic of Covid-19 Virus, some changes are necessary in the functioning of the Kerrobert, Luseland, and Dodsland Clinics. All 3 Clinics will remain open and operational. However, in an attempt to slow down the spread, reception will be asking a few questions when you call for an appointment. This will determine whether we can handle patient's problems safely with a phone conversation with the Doctor, or whether you should be seen in person. This way we can avoid people coming together in the waiting area. For patients with mild respiratory diseases or flu like symptoms, we ask that patients just self-isolate for 14 days. For patients with more serious respiratory issues or flu like symptoms where they feel like they might need to be seen, please call the Kerrobert Clinic at 306-834-2289 or the Healthcare Facility at 306-834-2646 for instructions. Please refer to the following website for more information regarding management of the Covid-19 Virus, saskatchewan.ca/coronavirus

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## Kerrobert Food Bank

The Food Bank is located in the Kerrobert United Church at 320 Lanigan Street. The Food Bank is open for regular use the 2nd Tuesday of each month. Food Bank Schedule: February - July 2020

There is no Food Bank for the month of January - please call Carol at 834-2376 and leave a message

May 12	Calvin/Lannette Ressler	834-5389
June 9	Bev Dieno/Yvonne Schlosser	834-5294 or 834-8292
July 7	Bonnie Seffern/Lorraine Cholin	834-8001 or 834-5056

Please call one of the people who are on for the month the Monday before Food Bank Day to make an appointment.

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Here at The Chronicle we are always looking for news items.

If you know of something happening in your club, organization, or town please let us know, we would be more than happy to publish it on your behalf.

Send info, any photos and stories to [news@the-chronicle.ca](mailto:news@the-chronicle.ca)

\*\*We reserve the right to adjust or edit all submitted material\*\*



## MORE IDEAS TO KEEP KIDS ENTERTAINED

How can you keep kids entertained during the coronavirus crisis? Whether you're a stay-at-home parent or you're living that WFH life right now, there are plenty of ways to keep the whole family from going stir-crazy. In fact, here are 10 ideas for kids to avoid cabin fever during the coronavirus pandemic.

Things to Do With Kids During Coronavirus Social Distancing

### 1. Make a list of the animals that live in your neighborhood

What kinds of animals live near you? Maybe squirrels, maybe alligators, maybe chipmunks... Make a list of all the animals you observe while looking out the window.

### 2. Take a virtual tour of the British Museum

Tour the British Museum online.

### 3. Watch Oxford Education's Story Hour

They have lots of great stories!

### 4. Make a sticker book

Paper? Check. Stickers? Check. Staples? Check. Make a sticker book, then decorate it.

### 5. Learn about insects

Log onto the Smithsonian Science Education Center to do a deep-dive into insects.

### 6. Take a virtual glider around the world

The Smithsonian Science Education Center has more resources, too, including a virtual glider that makes you feel like you're flying around the world, exploring.

### 7. Learn about sugar

Here's another good one: Learn all about sugar through an online simulation that shows kids how sugar dissolves and interacts with other substances.

### 8. Study the weather

Staying home all day is a great opportunity to report on the weather. You could even do a study on the weather, using the Smithsonian Science Education Center. Learn about currents, air masses, and more.

### 9. Take a virtual tour of Acadia National Park

Acadia National Park is a national park located in Maine. With Google Maps, you can scroll over the different terrains, and click on places of interest.

### 10. Launch ABCmouse Learning Academy

ABCMouse Learning Academy is a great educational resources with tons of lessons that kids can benefit from.



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Taking a look from a different perspective

by JOAN JANZEN
For the Chronicle



I heard a humorous comment that went like this: When baby boomers want to say millennials don't know too much ...

ust remember what generation covered real hardwood floors with linoleum.

In a similar fashion, the North American media is stunned by Sweden's unorthodox approach to the crisis, however the people who reside in Sweden remind us of other considerations.

A Canadian living in Sweden described the people as possessing a relatively untraumatized collective psyche.

A young couple living in Stockholm shared their interesting perspective, given that one is an American and the other Swedish. Like the Canadian's comment mentioned previously, they too noted the calm atmosphere in Sweden, but also stressed that everyone is taking the situation seriously.

The Swedish girl said, "We trust in the government and the government trusts in us." She described the government as "uncorrupt" and therefore had earned the public's strong

trust and their willingness to obey the laws. Do Canadians have a strong trust in their government? Let's take a look ...

Recently there's another case of a Canadian pastor being fined for delivering food to the homeless in Calgary. A meat processing plant in Alberta is home to a big viral hot spot, and also employs temporary foreign workers through a federal program that brings people in from poor countries to work for low wages, while Canada's unemployment hits 20 percent.

A Canadian MP was called racist for simply wanting accountability by Dr. Theresa Tam for following the inaccurate directives of the World Health Organization which had placed confidence in Chinese data earlier in January. As a result, 30,000 Canadians signed a petition to demand withdrawal from The World Health Organization.

Every day Canadians are signing petitions. A recent petition by the Canadian Taxpayers Federation asked for federal MPs to cut their salaries, as everyday Canadians are expected to make sacrifices in this time of crisis. Another petition protests the federal government's ban of 11 types of rifles, claiming these restrictions will not address gun crime associated with illegal guns. The petition gained the most signatures in Canadian history, but is the government listening?

The girl's American boyfriend also shared

his opinion. He noted that when people are locked up too long and have lost jobs, they start protesting because they want their freedoms back.

The young man said, "Sweden is taking precautions people can follow for a lot longer," while the economy remains stable. His Swedish girlfriend believed the young, and healthy individuals would be able to overcome the virus and develop immunity, while social distancing from the elderly and compromised.

It was also interesting to hear the couple say the media in Sweden is not scaring people. The young American man acknowledged North American media makes money from sensational headlines. It spiked my curiosity about the difference between the media in Sweden and the media in Canada. I discovered Sweden rates highly for media freedom, ranking third place in the Reporters Without Borders World Press Freedom Index.

How does that compare with Canada where MP, Dominic LeBlanc is interested in a call for laws to punish those responsible for spreading dangerous misinformation online? And who will be the judge as to what is classed as "misinformation"?

When Canadians want to say Sweden doesn't know too much ... just take all of these factors into account.

You can contact Joan Janzen at joanjanzen@yahoo.com



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# SPORTS TALK

## The debate is on, "How much does the CFL mean to Canada, \$?"

CFL Commissioner Randy Ambrosie is asking for federal government funding - \$30 million now to manage the impact the pandemic has had on league business. The league would also ask for up to \$120 million if the 2020 season is canceled for a potential total of \$150 Million Dollars.

If I was in Randy's shoes I would go to the federal government and all levels of the government and ask them to think about how they can help save an important institution like the CFL. I'm not sure how the league came up with its worse-case scenario request of \$150-million, but he said it's important the CFL ensure its survival beyond 2020.

If you take one of the publicly-owned teams like Edmonton or Saskatchewan, they're all around \$35-40 million in revenues and roughly that in expenses. You don't want the league to completely go black and lose all your employees and all your people. What's the structure in place that allows it to continue some form of operation at a time where they might be no games?

TSN televises every CFL game. That deal reportedly brings the league \$50 million per season, but if no games are played, that money is gone. So what about putting the games on TV but not having fans? (By the way for all you NFL fans saying well the NFL is not asking for help, well the NFL's Television Contract per season is \$1 Billion Dollars, that is right BILLION).

This league is so supported by ticket revenue and local sponsorship. It's not like other leagues who are considering just broadcasting games. It really boils down to having fans in the seats. That's the bigger challenge for the CFL compared to the NHL or the NBA.

Like all of us the CFL and its Fans will have to wait and hope things will go back and we can once again put a Watermelon on our head and a Pill in your hand and enjoy watching your Riders beat the Bombers, Sorry Winnipeg Fans I had to toss that beating the Bombers in there.

Greg Buchanan  
For The Chronicle



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## Seriously, there is actually an International Hummus Day and it is on May 13th.

Here is a little info about Hummus  
Hummus isn't as popular as it should be. It has numerous health benefits. In fact, as per a research, Hummus promotes the production of Serotonin, the happy hormone (Source). It is recommended for people who can't sleep well. It is also rich in Omega 3 fatty acids and hence helps to prevent cardiovascular diseases. Read on to know facts about Hummus, its origin, its benefits, nutrition and more.

### 1. Hummus promotes happiness

Consumption of Hummus promotes the release of the Serotonin hormone that stimulates happiness. It is ideal to combat depressive symptoms. It is also recommended to those who suffer from insomnia. It promotes good mood and basic well-being by maintaining cardiovascular health, since it is rich in Omega 3 fatty acid.

### 2. Promotes muscle elasticity

One of the components of Hummus is retinol that promotes the elasticity of muscle tissues. It is therefore highly recommended for those who are building muscles or are working on improving the fitness of their body.

### 3. Hummus has Arabic origin

The term hummus has its roots in the Arabic hummus and literally means chickpea. In Hebrew, chickpea paste is called חוממוס

(, xumus, in Turkish humus, in French houmous. In English and German, the original spelling has been adopted. There are some suggestions according to which Hummus might have been first made in Egypt in the 13th century.

### 4. Hummus popularity in the Middle East

Hummus is a popular appetizer and a widely loved dish in the entire Middle East. Hummus is a national dish in Lebanon, Syria, Israel and Palestine. As a rule, cold appetizers are served or consumed in these regions along with pita flatbread and other so-called mezze (Levantine appetizers).

### 5. Hummus usage Traditionally, beans and chickpeas are boiled down until they are pureed into a mush.

This porridge is stirred with Tahina, olive oil and lemon juice to a cream, which then receives crushed garlic, cumin, pepper and salt the appropriate seasoning. There are many recipe variants in different countries. In some places, yogurt is added in the final step. Hummus can be stored in the refrigerator for several days.

### 6. Hummus is very healthy

Hummus is rich in fiber and protein. It makes a great replacement for mayonnaise.

### 7. Consumption of Hummus promotes the release of the serotonin hormone that stimulates happiness



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## To rent or buy? Four points to consider

Whether to buy or rent a home is a question many of us contemplate at some point. And the truth is, the answer isn't crystal clear. The pros and cons of each option are largely dependent on current market conditions, government regulations and, of course, your financial situation.

However, when weighing the decision of renting or buying, it's worth thinking about some factors that are often overlooked.

It's all about location. Compare the cost of rent to mortgage payments in the neighbourhood you want to live in. Last year, The National Bank of Canada reported that on average, rent payments are lower than mortgage payments. But it's a big country, and rent costs vary widely. Some locations, like resort towns or seasonal tourist hotspots, can have very high rental rates, even though they're located outside of "hot" real-estate markets like Vancouver or Toronto. Do your homework and find out specific rates in your area before nailing down a decision.

Know your five-year plan. Owning a home is a commitment. You can't simply sell your house overnight or break a mort-

gage without paying a heavy penalty. If you're planning to stick around the same place for at least five years, buying a home can be a good option. But if you know a move is on the horizon, renting offers more flexibility and ease.

Don't forget about hidden costs. Property taxes and home insurance fees add significant costs to your monthly budget, so you'll want to account for them in your decision-making. Be sure to research tax rates for the neighbourhoods you're interested in. Remember that purchasing a home can trigger a tax reassessment. Make sure you're prepared to pay tax on the final sale price of your house.

Home insurance is something you won't want to forgo as an owner, and it tends to be more expensive than renter's insurance. And, homeowners have to foot the bill for regular maintenance and repairs.

Learn about the third option. Land lease home ownership is a lesser-known choice, but one that's growing in popularity. This home ownership model allows you to purchase a home while leasing the land it's sitting on. With this option, you get the benefits of owning a home – like building equity – while reducing the overall cost of your mortgage. Living in a land lease community, such as those managed by Parkbridge, means you have access to communal amenities and social activities within your community that you typically wouldn't find elsewhere.

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# GOLF

If you do find that you do not mind playing golf in the rain, the snow, even during a hurricane, here's a valuable tip:  
Your life is in trouble.

Golfers who try to make everything perfect before taking the shot, rarely make the perfect shot.

The term "mulligan" is really a contraction of the phrase "maul-it-again."

A "gimme" can best be defined as an agreement between two golfers...neither of whom can putt very well.

An interesting thing about golf is that no matter how badly you play, it is always possible to get worse.

Golf's a hard game to figure. One day you'll go out and slice it and shank it, hit into all the traps and miss every green. The next day you go out and for no reason at all you really stink.

I play in the low 80's. If it's any hotter than that, I won't play.

If your best shots are the practice swing and the "gimme putt", you might want to reconsider this game.

Achieving a certain level of success in golf is only important if you can finally enjoy the level you've reached after you've reached it.



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